Cushing’s disease is a rare, but serious debilitating endocrine disorder caused by a noncancerous pituitary tumor in the brain, which ultimately causes high levels of cortisol in the body.

Neurosurgeon Dr. Harvey Cushing discovered Cushing’s disease in 1932.

This is what Harvey Cushing might have to say about various aspects of Cushing’s disease management today.

**What Would Harvey Cushing Say About Cushing’s Disease Management Today?**

**... THE TIME IT TAKES FOR AN ACCURATE DIAGNOSIS?**

"Cushing’s disease still takes too long to diagnose!"

Time to diagnosis for a person with Cushing’s disease is on average: 6 years

6 YEARS

**... DISEASE MANAGEMENT?**

"Patients now have choices but more research is needed. There are a variety of disease management options for those living with Cushing’s disease today.

Removal of the tumor is the preferred treatment option. However, there are now other treatment options such as radiation and medication when surgery is not effective.

**... PATIENT CARE?**

"Cushing’s disease is complex and the best approach for patients is a multidisciplinary team of health care professionals working together guiding patient care."

Today, patients are typically treated by a variety of health care professionals including endocrinologists, neurologists, radiologists, mental health professionals, and nurses to help manage all aspects of the disease.

**... ADVANCES IN CUSHING’S DISEASE DIAGNOSIS?**

"Significant progress has been made as several options are now available for physicians to use in the diagnosing of Cushing’s disease."

Ability to now test for biochemical markers - molecules that are found in certain parts of the body and can help to identify the presence of a disease or condition.

**... IMPORTANCE OF ONGOING MONITORING?**

"Routine check-ups and ongoing monitoring are key in managing Cushing’s disease."

Up to 35% of patients experience recurrence, so even patients who have been surgically treated require careful long-term follow up.

For more information about managing and living with Cushing’s disease, visit www.CushingsDisease.com within the United States and www.AboutCushings.com outside of the United States.